



LOGUMKLOSTER HØJSKOLE

HOPE AND ACTIONS
AUTUMN 2021 - SPRING 2022



SUSTAINABILITY

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PHILOSOPHY

-

MINDFULNESS

-

ART

-

INTERNATIONALITY

-

SELF-SUFFICIENCY

-

and much, much more

ABOUT LØGUMKLOSTER FOLK HIGH SCHOOL

Løgumkloster Højskole is a small folk high school in the countryside right between Denmark and Germany. Here we have an unique space for freedom, dreaming and creating social communities.

We focus on sustainability, mindfulness, strong friendships and the individual human being. On your stay on the folk high school, you will meet an everyday where you both study your majors as well as your minors, along with a wide variation of exciting trips and events.

Through the year we travel by train, by foot and canoe to different places. We shall explore the countryside in Southern Jutland and experience how this exact place has formed history in Denmark.

As a school we care about the world sustainable development goals, and you will therefore experience, that we have both discussion and debate on the menu, and that we talk about how to create a better world one individual at a time. We shall try to understand how we can make a change as a group.

The kitchen of the school is green and delicious, and uses vegetables which are in season - often harvested in the school's own garden. You are always welcome in the big dining hall, and it is always possible to experience new exciting dishes, and have a chat with one of the other students here.

Besides the long-term students the school opens up every week to a new set of short-term students, who dig into one specific theme, and sometimes some of the classes are mixed.

On the next page you can read about the majors and the minors. We are pretty sure you will find something interesting.

MAJORS

SUSTAINABILITY

Do you dream about farming your own vegetables and herbs along with getting a deeper understanding of sustainability, permaculture and organic food? Here you get the possibility of working practical in the garden along with using the gardens as a therapeutic and free space.

ART AND PAINTING

"Paint as you like - and die happy!". Experience the magic of paintings and get real close to the creative process in this major, when you dive into the art-lab. You will learn a great amount of techniques, so you can create your own art. And don't worry - the studio is always open for you, so feel free to paint as much as you like.

MINDFULNESS

On this course we dive into ourselves and wonder about existence itself. We create a safe environment, where it is allowed to dig really deep, aim for complete self-understanding and moving personal boundaries. When you understand yourself, you will be ready to form strong relationships for the rest of your life.

PHILOSOPHY AND HISTORY OF IDEAS

It is fun, and sometime challenging to learn the deep knowledge from the grand old philosophers. They are brilliant, and what they have thought can resonate in our lives today. Here we think, feel the weight of history and discuss everyday ethics and philosophy.

EXPLORING IDENTITY IN DENMARK

Are you new in Denmark or just curious about Danish culture? In this course we explore Denmark from within and without. We learn about Danish culture and identity, and we travel to important places in Southern Jutland to explore how history and the relationship to Germany has formed Denmark as we know it today.

BODY - MOVE FOR LIFE

We shall move, dance, run and feel that we are alive. With high pace, flexed muscles, alone and in teams we discover our bodies. We train in the nature as well in the gym, and we learn about anatomy and how the body speaks to us. We will learn from the campaign "Move for life" by DGI.

NORDIC LIVING

PH-lamps - LEGO - Nordic cuisine - 'Hygge'. Denmark and Scandinavia is well-known for design, culture, food and language. We dig deeper into what makes Denmark so special, and you will learn about both language and culture.

MINORS

- SALSA
- MASSAGE
- ACT AND REVUE
- LITERATURE
- CHOIR
- SCHOOL MAGAZINE
- SCULPTURE
- RE-DESIGN (TEXTILE)
- BEER-BREWING
- MUSIC PRODUCTION
- SLOW CRAFT
- MINDFULNESS
- THE GOOD BREAD
- WORDS AND ART
- DRAWING
- YOGA
- JOURNALISM
- PIANO/GUITAR
- VEGETARIAN KITCHEN
- PHILOSOPHICAL
- POTTERY
- HARVEST AND EAT
- MOVIES
- SALON



STUDY-TRIPS AND SPECIAL WEEKS

STUDY-TRIP

Is what we learn in our small community also known to be true outside in the real world? We have to try!

You plan the trip yourself. The journey goes somewhere, where you can help the people who live there.

Would you like to arrange a plastic-change-happening in Greece, or what about producing organic wine in France or visiting Gretha Thunberg?

It is your call!

HIKING ON GENDARMSTIEN

We are hiking for a whole week during your stay. We walk through Southern Jutland on Gendarmstien and feel the nature, the history and each other.

We sleep in tents and shelters, bath in ocean and in lakes, we make fires and camp together. We guarantee swollen feet when arriving at home, but also an increased feeling of union and friendship - and an experience you will never forget!



PRICES AND ECONOMIC HELP

The price for your stay is being accounted every week. You do not need to pay your whole stay at once. We will charge you in the beginning of every month.

Price all included (16 weeks)

DKK 24.960,-

Price per week

The price covers food, lodging, classes, song-book, T-shirt, scholar-picture and study-trip in Denmark. As we travel sustainable and therefore cheap, our study trip is included in the pricing.

DKK 1.560,-

Materials

The material account are for the materials you use during your stay. If you haven't used the whole sum, when the stay is over, we transfer the money back to you.

DKK 1.500,-

Payment for signing up

The payment is a one-time-fee when signing up.

DKK 1000,-

For many people it can be challenging - maybe even impossible - to find money to a stay on a folk high school. At Løgumkloster Højskole we think, that everyone deserves the possibility to stay at a folk high school for once in their life!

Everyone can seek for economic help. All that matters is to seek the right places. We can help if you:

- Have made volunteer work
- Are taking a break from your studies
- Peer-to-Peer - has ambitions to help others, who experience troubles in live
- Are from Southern Slesvig
- Are young and not have an education

CONTACT AND TOURS

WE WILL GIVE YOU A TOUR ANYTIME!

We offer to make both virtual tours via video-calls as well as tours in the house with enough time for conversation and a cup of coffee.

Feel free to call or e-mail us, if you have any questions. We speak both english and german. You can also follow along on our different social channels, where we share footage from the daily life at Løgumkloster Folk High School.

We are looking forward to meeting you!

www.lkhs.dk/english

www.facebook.com/logumklosterhojskole

[@logumklosterhojskole](https://www.instagram.com/logumklosterhojskole)

Phone: 7474 4040

info@logumklosterhojskole.dk

