GERLEV P.E.
& SPORTS ACADEMY

GET READY TO GET MOVED
I've never met people like my friends at Gerlev. In the training sessions, everyone could be anyone’s tutor. There was no jealousy, competition, arrogance or scorning. I couldn’t have developed so much in three months anywhere else.

— Former student, Emily Zhang, China.

WE INVITE YOU TO BE INSPIRED

Are you in to the art of movement, team sports or outdoor adventures? Become a student at Gerlev Physical Education & Sports Academy in Denmark. The academy is located only an hour from the Danish capital Copenhagen.

Gerlev is the joy of movement and the rush of the community. It is a chance to discover a new world, as we create our lives together. Also you will get a great taste of the Danish culture. We live at the academy, eat together, train side by side, inspire each other across all nationalities. We laugh, hang out, travel and have a great time up until the very point when we cannot keep our eyes open any longer.

As a student, you will not only develop your physical skills, but also get an international network and qualify yourself for global citizenship in the sports arena – as a performer and as a leader.

In other words, Gerlev P.E. & Sports Academy will get you in good shape.
GET READY TO GET MOVED

YOUR STAY AT GERLEV

The international sport for all leader education offers three courses:

**ACADEMIC SUBJECTS**

At the International Sport for All Leader Education you will concentrate on these study subjects:

- International Sport for All Organizations in the World
- The quality of Sport and Physical Education
- Physical Activity and Health – What do we know and International Recommendations for PA
- Strategies for implementation and promotion of PA in schools, worksite and local communities
- Strategies for Behavioral Change
- Educational trends

**EXAMPLES OF OTHER STUDY SUBJECTS**

- Current debate, Band, Art, Philosophy, Photo and Media
- Workshop, Body & Massage, Games & Movement, Literature & Theatre

**YOUR STAY AT GERLEV**

- **AUTUMN:** 4 months Aug - Dec
- **WINTER:** 2 months Jan - Feb
- **SPRING:** 4 months Mar - Jun
YOUR MAJOR SPORTS SUBJECT

Choose between:

AUTUMN
- PARKOUR
- DANCE
- CROSSFIT
- MOVEOUT
- FREE SKIING
- MARTIAL ARTS
- SURF

WINTER
- SNOWBOARD
- DANCE
- DIVING
- CROSSFIT
- FREE SKIING
- MARTIAL ARTS
- SURF

SPRING
- BEACHVOLLEY
- PARKOUR
- CROSSFIT
- FOOTBALL
- DANCE
- MOVEOUT

In addition to the study subject the International Sport for All Leader Education, you will get the chance to choose a major subject. Your major subject allows you to truly become immersed, and it gives you the opportunity to develop and challenge yourself within a strong community. It is the biggest subject offered with its 10-12 weekly lessons – and we will go on an unforgettable study trip.

* The selection of subjects varies depending on the season
FROM SOKOL TO GERLEV

Martin Chlumsky
Director of Central Sokol School in Czech Republic, which provides education and training for members, coaches and officials from the Czech Sokol Organization.

Former student at Gerlev

What did you gain from your stay at Gerlev?
“First of all Gerlev helped me to improve my English skills. I had to speak English every day, I had to make presentations for the morning assembly, and I learned to teach other people in English. This gave me a self confidence.”

“Secondly networking. When I do international projects in Sokol I am writing and calling all of my international friends in Denmark or the States like ‘remember me? We went to Gerlev together’. Also here in Czech Republic I have a big network of former students from Gerlev. This is really important that we use and share all the knowledge we got from Gerlev. Especially the playfull approach in teaching.”

“Finally it also gave me a broader perspective on how sports are organized, not just in Europe but also in the States, in Senegal, and wherever the students came from.”

Why send students to Gerlev?
“Because the students gain a new perspective. They get better theoretical, pedagogical, didactic, and practical skills, also they learn how to teach kids. And finally they get an overview of how sports are organized around Europe. I always try to explain the Gerlev Spirit to my students, but I end up saying ‘You just have to go there to feel and experience it.’ And then when my students go to Gerlev, they don’t want to go home again.”
At Gerlev you will be part of an international sports environment.

While back in the USA, many of my memories seemed too good to be true – a place this amazing couldn’t possibly exist. It wasn’t about being the best at a particular activity, but more about personal growth and development.

— Former student Blake Evitt, USA.

All year round, we have students from countries such as England, Norway, Czech Republic, Iceland, Poland, United States, Germany, Korea, China, and Brazil. So even though we have a majority of Danish students, a large part of the teaching and the daily conversation is in English.

The meeting between different cultures and traditions gives your stay at Gerlev an extra dimension, which helps you along internationally – and increase the width of your network of friends and professionals with a passion for sports and movement.

International certificate
The students who fulfil the 4 months International Sports for All Leaders Education will receive an International Certificate from Gerlev P.E. and Sports Academy.
At Gerlev we want to be in motion. Both by being on the move in our everyday life, but also by constantly evolving our education.

At Gerlev everyone has the same goal: To get better. Each student will be challenged and inspired with intense teaching wherever they are. During the classes, you will become part of a community in which everyone learns from each other. You will not simply become better within your chosen subjects – you will learn about life and experience new approaches to challenges.

A modern learning environment in motion
We organize our education with the newest and most inspiring programs. As we do not have any fixed curriculums, we differ from the traditional universities in Denmark. Lecturers, coaches and the Danish politicians from the Parliament and Sports organizations share their knowledge with the international group.

Gerlev - home for professional sports research
We are deeply involved in the global sports life, which means we build our teaching on the latest research according to sports, movement and health.

We cooperate with the University of Southern Denmark
Due to a special relationship Gerlev P.E. and Sports Academy hosts a campus for the Institute for research in Sport, Health and Civil Society, University of Southern Denmark.
EVERYDAY LIFE AT GERLEV

Students develop a unique relationship – some people even say you will get a new family.

A typical day at Gerlev is a good mix of fun and games, serious teaching and a lot of cozy hangout time. You share your everyday with your new friends – both during training, the morning assembly, contemplative moments, lectures, meals, movie nights, couch lounging, table football matches and domestic chores.

Individual development in a community
Tolerance, openness, community and freedom are the keywords. The everyday life has to work for everyone. This is why you will continuously be taught about collaboration, dialogue and conflict management, giving you a set of social tools, which will come in handy for the rest of your life.

Be infected by our energetic atmosphere
Most of the teachers live at the sports academy, so the entire time you will meet them personally, socially and formally in a varied range of environments. Together we create the energetic and positive atmosphere, which is the mark of Gerlev.
I can still see how the stay in Gerlev imprinted a permanent mark on the students’ personalities and how it made them more creative, open to new ideas and able to work in a team.

» Rector at Poznán University of Physical Education, Jerzy Smorawinski, Poland.

GOT INSPIRED?

Gerlev P.E. Sports Academy welcomes all international students from the age of minimum 18 years to join us. All you have to bring is your motivation, your eager to develop yourself physically and mentally, as well as an open mind.

The Background

The Academy was founded in 1938 as an international highly respected institution for education of youth leaders for the sport for all development in Denmark.
Gerlev Historical Play Park is part of Gerlev Sports Academy. It is the only place in Scandinavia which presents games from the past in an active way. As a student, you will visit and meet the staff from Gerlev’s Play Park. You can try more than 140 games and experience the game culture of the Viking Age, Middle Age and Industrial Age. The Play Park opened in 1999 and was announced Regional European Centre for Traditional Sports and Games by The Association For International Sport for All, TAFISA.

Gerlev Sports Academy and Play Park have launched the Play Ship in collaboration with the Lauritzen Foundation. A ship which sails around the Danish ports filled with fun and games. Danes living near a port are able to enjoy the Play Ship for a week or two, where trained “play sailors” from Gerlev have created activities. The aim is to develop the special Danish movement and play culture, and the project is monitored closely by the University of Southern Denmark, which ensures an ongoing accumulation of knowledge and evidence of impact.

Gerlev Performance Team consists of 19 highlevel, skillfull and specially selected dancers, traceurs and performers. The team is an experimental performance platform which moves in the interface between dance, parkour and other creative movements. They are great ambassadors for Gerlev at official occasions and special events. Every year a new team is formed through an audition.
HOPE TO SEE YOU SOON

For more information, please visit GERLEV.DK

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